

# In-Room Dining Food Bible & Allergen Matrix Workbook

Mercer Street December 2020



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This workbook is to be completed by the employee as part of the learning process. All answers required are contained within the pages of the document.

#### **Opening Times**

#### Breakfast

Monday to Sunday 07:00 – 11:00 (In-Room Breakfast Hamper)

Saturday and Sunday only 07:30 – 10:30 (Served in Monmouth Kitchen)

Please note that we will continue to monitor the demand for breakfast inclusive bookings. Should we see an increase in demand, we may then decide to serve breakfast during the week in Monmouth Kitchen.

#### Monmouth Kitchen

Lunch Saturday 12:30 - 17:00

Sunday to Friday Closed

#### Dinner

Wednesday to Saturday 17:00 - 21:30

Last reservation: 21:30 Last orders: 21:45

All guests must vacate the premises by 22:45

#### In-Room Dining

07:00 – 23:00 (Served by F&B)

23:00 – 07:00 (Served by night team)

Please note that outside of restaurant & bar operational hours, guests can enjoy complimentary items from the Residence Cart – offering tea, coffee and Sicilian lemonade.

The items should be served by the reception team and should not be accessible for guests.

Welcome to In-Room Dining at Radisson Blu Edwardian Mercer Street.

We are committed to ensuring that every dining experience is a memorable encounter. Available 12:00pm until 11:00pm, our in-room dining menu features an exquisite selection of dishes to be enjoyed in the comfort and privacy of your room or suite. Our night menu is available from 11:00pm until 6:00am, with a selection of after-hours toasties served with salad and hand-cooked sea salt and crushed black pepper crisps.

#### Menu Composition

Soups, salads and starters	Our Sides
4 x vegetarian 1 x seafood dish	3x vegetarian dishes
Signature dishes	Desserts
2 x seafood dishes 2 x beef dishes	1 x Monmouth Kitchen signature dessert 1 x classic dessert
3 x vegetarian dishes	After-hours toasties
	1 x seafood dish 1 x beef dish 1 x pork dish 1 x vegetarian dish

#### À La Carte Dining Menu



#### WELCOME TO OUR IN-ROOM DINING MENU

Available from 12pm - 11pm

#### SOUP, SALADS & STARTERS

Roasted vine tomato soup with warm crusty soda bread	/
Sea bass ceviche with avocado, corn and red onion	12.5
Orange and avocado salad with spicy lemon dressing	8
Burrata with baby basil and San Marzano tomatoes	9
SIGNATURE DISHES	
Beer-battered fish and chips with tartar sauce, mushy peas and chargrilled lemon	16
251 g rib-eye steak, baby vine tomatoes and tenderstem broccoli, served with a green peppercorn sauce	22
British beef burger with Lancashire Bomb melted cheese, streaky bacon and chilli mayo, served with hand-cut chips	14
Rigatone pasta with wild mushrooms, chilli and Italian hard cheese	14
Add corn-fed chicken	16
Pecorino and truffle tortellini with Parmesan crème	18
Margherita pizza with buffalo mozzarella	12

#### SIDES

Field greens and tomato salad with spicy lemon dressing	4
Charred tenderstem broccoli anticucho	4
Hand-cut chips	4
DESSERTS	
Café Almendra	7
Coffee brûlée, chocolate cacao, almond ice cream	
Gelato selection	7

#### AFTER-HOURS TOASTIES

 Available from II pm – 6am

 Served with salad and hand-cooked sea salt and crushed black pepper crisps

 Tuna with spicy lemon mayo
 10

 Steak and cheese with horseradish mayo
 14

 Honey roast ham and Lancashire Bomb cheese
 10

 Barber's Vintage Cheddar cheese and red onion
 8

\* All in-room dining orders will have an additional tray charge of £1.50 added to the bill. If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT.

ltem	Soup, salads and starters	Picture	Description for guests	
Roasted vine tomato soup	Cherry and San Marzano tomatoes are used to create this tomato soup, which is garnished with basil. This is served in a squashed mug with two slices of warmed soda bread and butter.		Delicious tomato soup that has a natural sweetness with tangy tomato flavours. Keywords: Tangy, sweet	
with crusty soda bread	Suggestions			
£ Allergens:	Mains: Rib-eye, Burger, Rigatone Desserts: Café Almendra, Gelato selection Wine: Vinuva Organic Pinot Grigio, Tenuta Rapitalà Nero d'Avola,			
	Comments			
Sea bass ceviche with avocado, corn and red	Our sea bass ceviche is thinly sliced sashimi style and served with our <b>signature ceviche</b> <b>dressing</b> when ready to serve. The addition of avocado, corn and red onion adds texture and bite. Sea bass is a light delicate fish with white small white flakes		Thinly sliced sea bass fillet, served with our signature ceviche dressing that enhance the flavours of the fish, garnished with corn and red onion. Keywords: fresh, meaty, sharp	
onion £ Allergens:	Suggestions Mains: Salmon, Rigatone, Tortellini Desserts: Café Almendra, Gelato selection Wine: Veramonte Chardonnay, Tenuta Rapitalà Grillo, Albariño, Luis Felipe Edwards Gran Reserva			
	Comments			

ltem	Soup, salads and starters	Picture	Description for guests
Orange and avocado salad with cayenne	Segments of orange and cut avocado mixed with salad leaves and seasoning. Then dressed in a <b>cayenne pepper</b> <b>and lemon dressing.</b>		Fruity and refreshing salad served with avocado and sliced orange. Keywords: fresh, light, fruity, spicy
pepper lemon dressing £ Allergens:	<b>Suggestions</b> Mains: Pizza, Rigatone, Burger Desserts: Café Almendra, Gelato Wine: Veramonte Chardonnay, T		Gavi
	Comments		
Avocado and corn salad with blackberry dressing	A unique salad with a Peruvian influence. The texture of the avocado and the slight crunch from the sweetcorn mix perfectly with the sweet and spicy <b>blackberry dressing</b> that have been bound through the salad. Vegan		A refreshing and fruity salad with avocado and corn bringing creaminess and texture, a chilli kick follows the sweet flavour. Keywords: fresh, fruity, spicy
£ Allergens:	Suggestions Mains: Salmon, Rib-eye, Pizza Desserts: Café Almendra, Gelato selection Wine: Veramonte Chardonnay, Tenuta Rapitalà Grillo, Vinuva Organic Pinot Grigio,		
	Comments		
Burrata Pugliese with baby basil and San Marzano tomatoes £ Allergens:	Burrata (creamy soft cow milk cheese) with a San Marzano tomato dressing in sherry, basil oil and brown sugar, salt & pepper. Then garnished with basil leaves.		Caprese salad with cherry tomatoes and creamy burrata. Burrata has a more solid outer shell with a soft centre. Keywords: creamy, fresh
	Burrata comes from Puglia.		
	Suggestions Mains: Pizza, Rigatone, Tortellini, Desserts: Café Almendra, Gelato Wine: Veramonte Chardonnay, T	selection	Gavi
	Comments		

ltem	Signature dishes	Picture	Description for guests
<b>Pan- fried salmon</b> with Calabrian chilli salsa	Two pieces of salmon marinated in ginger and served with a <b>Calabrian</b> chilli salsa.		Ginger marinated salmon is served with a salsa of red onion and red chilli, topped with lime juice. Keywords: soft, spicy, fresh
£	Suggestions	1	1
Allergens:	Starters: Ceviche, Blackberry salad, Orange and avocado salad Desserts: Café Almendra, Gelato selection Wine: Albariño, Gavi di Gavi, Veramonte Reserva Rosé		
	Comments		
Beer-battered fish and chips with tartar sauce, mushy peas and chargrilled lemon £ Allergens:	Haddock is fried in a <b>beer</b> <b>batter</b> to give a crunchy texture with meaty cooked fish, twice cooked chips are soft and crunchy. <b>Mushy peas</b> are served on the side with a <b>tartare sauce</b> .		Soft fish in a crunchy fried batter, served with homemade chips, mushy peas and a tangy tartare sauce. Keywords: crispy, meaty, tangy
	Suggestions Starters: Soup, Orange and avocado salad, Burrata Desserts: Café Almendra, Gelato selection Wine: Tenuta Rapitalà Grillo, Albariño, Gavi di Gavi		
	Comments		
251g rib-eye steak served with baby vine tomatoes, tenderstem broccoli and	Rib eye is marinated for a minimum of 4 hours then chargrilled to taste. Served with a peppercorn sauce Recommended cooking temperature is med- rare, as this is enough to render the fat.		A cut from the rib of the cow, cooked to med-rare it renders that fat content to deliver fantastic flavour and soft meat. Keywords: buttery, soft, smoky
peppercorn sauce £ Allergens:	Suggestions Mains: Pizza, Rigatone, Tortellini, Desserts: Café Almendra, Gelato Wine: Veramonte Chardonnay, T	selection	Gavi
	Comments		

ltem	Signature dishes	Picture	Description for guests
Our British beef burger with Lancashire Bomb melted cheese, smoked streaky bacon and chilli mayo, served with hand-cut	Our burger is served in a bun with home-made <b>chilli mayo</b> <b>burger sauce</b> , lollo bionda lettuce, smoked streaky bacon and Lancashire Bomb melted cheese. This is accompanied by twice cooked handmade chips. We cannot serve our burgers any less than medium-well, for further information refer to section 7.1 of the Food Safety Management System.		Our beef patty smoked streaky bacon and chilli mayo, on a soft brioche bun with crispy lettuce and Lancashire Bomb cheese. Keywords: mature, soft meaty
chips £	Suggestions Starters: Soup, Ceviche, Orange		
Allergens:	Desserts: Café Almendra, Gelato selection Wine: Veramonte Carménère, Tenuta Rapitalà Nero d'Avola, Don Jacobo Rioja, Barbera d'Alba		
	Comments		
	Mushrooms and garlic are sautéed before cooked pasta is added with <b>mushroom</b> <b>stock</b> . Finished with butter and Italian hard cheese.		Rigatoni pasta in a flavourful mushroom sauce with Italian hard cheese.
<b>Rigatone pasta</b> with wild	<b>Garnished</b> with chives and chopped red chillies.	Company and	Keywords: rich, buttery, nutty
mushrooms, chilli and Italian hard cheese	Suggestions		
nard cheeseStarters: Orange and avocado salad, Blackberry salad, BurratafDesserts: Café Almendra, Gelato selectionMine: Veramonte Chardonnay, Tenuta Rapitalà Grillo, Gavi di Gavi, Tenuta Rapitalà Nero d'Avola, Barbera d'Alba		Ĵavi,	
	Comments		

ltem	Signature dishes	Picture	Description for guests
Pecorino and truffle tortellini with Parmesan	Tortellini filled with a mixture of Mascarpone, Pecorino, pinch of salt and nutmeg and truffle oil. Coated in a garlic and white wine cream sauce. Pecorino is an Italian sheep's milk cheese; this is not vegetarian. Sauce contains chicken stock.		Tortellini filled with pecorino cheese and truffle served on a Parmesan crème, rich, creamy and nutty. Keywords: rich, creamy, nutty
crème £	Suggestions		1
Allergens:       Starters: Soup, Ceviche, Orange and avocado salad         Desserts:       Café Almendra, Gelato selection         Wine:       Fantinel Prosecco, Veramonte Chardonnay, Tenuta Rapitalà Grillo,         Gavi di Gavi, Barbera d'Alba			italà Grillo,
	Comments		
Margherita pizza	Our pizzas are made from freshly made pizza dough. They are topped with the best Italian mozzarella and basil. The sauce is a homemade tomato ragu. Stone baked to add a crispiness to the base. Vegan – Vegan cheese		Rigatoni pasta in a flavourful mushroom sauce with Italian hard cheese. Keywords: rich, buttery, nutty
with torn basil £			
I Allergens:	Suggestions Starters: Orange and avocado sa Desserts: Café Almendra, Gelato Wine: Tenuta Rapitalà Grillo, Gav	selection	
	Comments		

ltem	Our Sides	Picture	Description for guests
Field greens and tomato salad with spicy lemon dressing	Mixed salad leaves are tossed with green tomatoes and a <b>spicy lemon dressing</b> .		Mixed leaf salad with heritage tomatoes and a spicy lemon dressing. Keywords: light, spicy
£ Allergens:	Comments		
Charred tenderstem broccoli anticucho £	Tenderstem broccoli robata grilled with a charred smokiness, finished with <b>red anticucho sauce</b> .		Smokey grilled broccoli with a tangy and spicy sauce. Keywords: spicy, smokey, tangy
Allergens:	Comments		
Hand-cut chips £ Allergens:	Twice cooked, steamed and fried, to give a crunch on the outside and soft inside.		Soft and crunchy homemade chips. Keywords: soft, crunchy
	Comments	·	<u>,                                     </u>

ltem	Desserts	Picture	Description for guests
Café Almendra £ Allergens:	Coffee brûlée, chocolate cacao, almond ice cream and mascarpone amaretto crème Almond ice cream: milk, whipping cream, inverted sugar, milk powder, sugar, stabiliser base, marzipan Coffee crumble: French butter, brown sugar, flour, cocoa powder, almond powder, coffee bean Comments		A coffee and cream dessert; almond ice cream with mascarpone and amaretto crème, chocolate and a coffee crumb Keywords: creamy, almond, coffee
Gelato Selection Dulce de leche, honey and almond f Allergens:	A sensational selection of ice cream. Dulce de leche is slowly heated sweetened milk, with flavours like caramel. <b>Comments</b>		Homemade dulce de leche, honey and almond ice cream. Keywords: refreshing

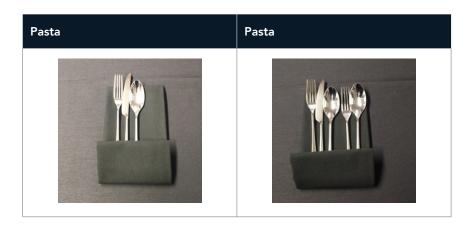
ltem	<b>After-hours toasties</b> Served with salad and hand-cooked sea salt and black pepper crisps
Tuna with spicy lemon mayo £ Allergens:	Panini with tuna and <b>spicy lemon mayo.</b> Mixed leaf and tomato salad with <b>spicy lemon dressing</b> is served hand-cooked sea salt and black pepper crisps.
Steak and cheese with horseradish mayo £ Allergens:	Panini with rib-eye steak with <b>horseradish mayo.</b> Mixed leaf and tomato salad with <b>spicy lemon dressing</b> is served hand-cooked sea salt and black pepper crisps.
Honey-roast ham with Lancashire Bomb cheese f Allergens:	Panini with honey-roast ham slices and Lancashire Bomb cheese. Mixed leaf and tomato salad with <b>spicy lemon dressing</b> is served hand-cooked sea salt and black pepper crisps.
Barber's Vintage Cheddar cheese with red onion £ Allergens:	Panini with Barbers Vintage Cheddar and red onion. Mixed leaf and tomato salad with <b>spicy lemon dressing</b> is served hand-cooked sea salt and black pepper crisps.

### In-Room Dining – Sauces and Marinades

Menu Item	Ingredients	Menu Item	Ingredients			
Blackberry dressing	Blackberries Red onion Red chillies Ceviche dressing	Red Anticucho	Aji panka Ground black pepper Red wine vinegar Garlic Maldon sea salt Cumin seeds Ground coriander			
Calabrian chilli salsa			Sake Grapeseed oil Ginger Birdseye chilli			
	Grapeseed oil Green tabasco Lime	Spicy Lemon	Grapeseed oil Lemon juice Soy sauce			
	Salt Soy sauce Ground black pepper	Dressing / Cayenne Pepper Dressing	Salt Ground black pepper Cayenne pepper Garlic puree			
	Garlic puree Ginger puree Yuzu Aji amarillo	Spicy Lemon Mayo	Hellman's Mayo Spicy lemon dressing			
Chilli Mayo Burger Sauce	Hellman's mayo Ketchup English mustard powder Gherkin Garlic Paprika Cayenne pepper	Steak Marinade	Grapeseed oil Thyme Salt Ground black pepper Oregano Garlic			
Horseradish Mayo	Hellman's mayo Horseradish sauce Fresh horseradish Wasabi paste Garlic	White Wine Cream Sauce	Chicken stock White wine Cream Sea salt Garlic Shallots			

### In-Room Dining – Cutlery Set-up





# In-Room Dining – À la Carte Allergen Matrix

							Alle	rgen						
	Celery	Cereals Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soy	Sulphites	Tree Nuts
Soup, salads and starters														
Roasted vine tomato soup, served with warm crusty soda bread v														
Sea bass ceviche with avocado, white corn and red onion														
Orange and avocado salad														
Burrata with baby basil and San Marzano tomatoes														
Avocado and corn salad with blackberry dressing														
Signature dishes														
Pan-fried salmon with Calabrian chilli salsa														
Beer-battered fish and chips with tartar sauce, mushy peas and chargrilled lemon														
251g rib-eye steak, baby vine tomatoes and tenderstem broccoli, served with a green peppercorn sauce														
British beef burger with Lancashire Bomb melted cheese, streaky bacon and chilli mayo, served with hand-cut chips														
Rigatone pasta with wild mushrooms, chilli and Italian hard cheese														
Rigatone pasta with wild mushrooms, chilli and Italian hard cheese and corn-fed chicken														
Pecronio and truffle tortellini with Parmesan crème														
Margherita pizza with buffalo mozzarella														

All of our dishes are prepared in areas where allergenic ingredients are present.

The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are 100% free from ingredients due to the preparation process.

### In-Room Dining – À la Carte Allergen Matrix

							Alle	rgen						
	Celery	Cereals Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soy	Sulphites	Tree Nuts
Sides														
Field greens and tomato salad with spicy lemon dressing														
Charred tenderstem broccoli anticucho														
Hand-cut chips														
Desserts														
Café Almendra - Coffee brûlée, chocolate cacao, almond ice cream and mascarpone amaretto crème														
Gelato selection - Dulce de leche, honey and almond														

All of our dishes are prepared in areas where allergenic ingredients are present.

The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are 100% free from ingredients due to the preparation process.

#### In-Room Dining - Q & A

What are the serv	ving times of t	he In-Room D	ining menu?				
Option/Offering	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday

Are there options for guests outside of outlet serving periods?

What sections does the à la carte menu contain?

List the items within one of the sections?

Choose a starter dish and	d complete the following table
Dish Name	
Dish Description	
Recommended Mains	
Recommended Desserts	
Recommended Wines	
Allergens	

### In-Room Dining - Q & A

Choose a starter dish and complete the following table						
Dish Name						
Dish Description						
Recommended Mains						
Recommended Desserts						
Recommended Wines						
Allergens						

List 3 courses that are suitable for a guest that doesn't eat meat.

Can you sell a burger cooked medium-rare?

Describe the club sandwich

### In-Room Dining – Q & A

Choose a main course dish and complete the following table.
Dish Name
Dish Description
Recommended Mains
Recommended Desserts
Recommended Wines
Allergens

Choose a main course dish and complete the following table.
Dish Name
Dish Description
Recommended Mains
Recommended Desserts
Recommended Wines
Allergens

#### Recommend 3 courses suitable for a guest with a gluten allergy

