

# Breakfast Bible & Allergen Matrix Workbook

Scoff & Banter Vanderbilt May 2021



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This workbook is to be completed by the employee as part of the learning process. All answers required are contained within the pages of the document.



### WELCOME TO OUR BREAKFAST

#### £22 per guest

(forms part of the inclusive breakfast)

#### FRESHLY SQUEEZED JUICES

Orange juice Grapefruit juice

Green cleanser Apple juice

#### À LA CARTE

#### The English

Unsmoked back bacon, smoked sweetcure streaky bacon, Cumberland sausage, baked beans, grilled mushrooms, hash brown, roasted vine cherry tomatoes and Burford Brown

#### The Continental

Smoked Scottish salmon, Cheddar cheese and Brie, cured meat selection and freshly cut fruits, served with freshly baked butter croissant and preserve

#### The Vegetarian

Fried Burford Brown eggs, hash browns, baked beans, roasted vine cherry tomatoes and grilled mushrooms (also available with poached or scrambled eggs) v

#### Burford Brown eggs

Your choice of eggs: poached, boiled, scrambled or fried v

Cereal and yoghurts are also available on request

#### TEA SELECTION

English Breakfast

Fresh mint and lemon

Jasmine

Green Sencha

Earl Grey

Black tea and ginger

#### **COFFEE SELECTION**

Filter coffee

Latte

Decaffeinated

Macchiato

Espresso

Mocha

Cappuccino

Double espresso

Rococo chocolate

(award-winning organic drinking chocolate with a creamy finish)

If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT. v Suitable for vegetarians.



### BREAKFAST HAMPER

Enhance your stay with our bespoke breakfast hamper, designed to be enjoyed in the comfort of your own room or while on the move.

#### £22 per guest

(forms part of the inclusive breakfast)

#### SEASONAL FRESH FRUITS

Freshly cut watermelon, cantaloupe melon, pineapple and passionfruit

#### Please choose one item from each of the following sections:

#### BREAKFAST POTS

Strawberry yoghurt Coconut yoghurt

Bircher muesli

#### FRESHLY SQUEEZED JUICES

Orange juice Apple juice

#### PORRIDGE

Scottish porridge oats with hazelnuts, maple syrup and orange-infused fig  $\boldsymbol{v}$ 

#### OUR SIGNATURE BAGELS

Unsmoked back bacon, Burford Brown egg and a cheese glaze

Shichimi-spiced smoked salmon with wasabi mayonnaise

Crushed avocado with chilli, lime and cilantro v

Manuka honey and cinnamon cream cheese v

#### TEA SELECTION

English Breakfast

Fresh mint and lemon

Jasmine

Green Sencha

Earl Grey

Black tea and ginger

#### COFFEE SELECTION

Filter coffee

Latte

Decaffeinated

Macchiato

Espresso

Mocha

Cappuccino

Double espresso

All in-room dining orders will have an additional tray charge of £1.50 added to the bill. If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT. v Suitable for vegetarians.

# Scoff & Banter Vanderbilt – À La Carte Breakfast Bible

Item	Cold selection	Picture	Description for guests
Seasonal fresh fruits	Freshly cut watermelon, cantaloupe melon, pineapple and passion fruit		Freshly cut seasonal fruit served in a sealed pot.
Allergens:	Comments		
Breakfast pots	Strawberry yoghurt - Greek yoghurt and strawberry puree Allergens:  Coconut yoghurt - Greek yoghurt and coconut puree Allergens:  Bircher muesli - Porridge oats, natural yoghurt, honey, pumpkin seeds, almonds, sultanas, apples and lemon juice Allergens:		Our homemade breakfast pots served in a sealed pot.  We have two flavours of yoghurts alongside Bircher muesli, a form of overnight oats with pumpkin seeds, almonds and sultanas.
	Comments		
Cereal selection	Special K Dorset muesli Bran Flakes Coco Pops  Allergens: per brand details on packaging All served with your choice of milk:  Skimmed milk Allergens: Soya milk Allergens: Almond milk Allergens:		Our four individually packaged cereals are available to ensure the guests have a variety of choice.  Milk options are served in small individually sealed jars.
	Comments		

# Scoff & Banter Vanderbilt – À La Carte Breakfast Bible

ltem	Cold selection	Picture	Description for guests
Freshly squeezed juices	Orange juice Apple juice Pink grapefruit juice Green juice – Apple juice, cucumber, celery and fresh apples		Freshly squeezed juices made to order along with hot beverages.
Allergens:	Comments		

Item	À la Carte All Edwardian Hotels London brands	Picture	Description for guests
The English Allergens:	Unsmoked back bacon, smoked sweetcure streaky bacon, Cumberland sausage, baked beans, grilled mushrooms, hash brown, roasted vine cherry tomatoes and Burford brown eggs your way		Traditional English breakfast, with organic Burford brown eggs served to your choice.
	Comments		
The Continental  Allergens:	Smoked Scottish salmon, Cheddar cheese and Brie, cured meat selection and freshly cut fruits, served with freshly baked butter croissant and preserve		Our continental selection served à la carte, with a freshly baked croissant. A selection of cheese complement smoked salmon and the cured meat selection.
	Comments		
The Vegetarian	Fried Burford Brown eggs, hash browns, baked beans, roasted vine cherry tomatoes and grilled mushroom (also available with poached or scrambled eggs)		Traditional vegetarian breakfast, with organic Burford brown eggs served to your choice and hash browns.
	Comments		1

# Scoff & Banter Vanderbilt – À La Carte Breakfast Bible

Item	À la Carte All Edwardian Hotels London brands	Picture	Description for guests						
Burford Brown eggs	Your choice of eggs: poached, boiled, scrambled or fried.		Traditional English breakfast, with organic Burford brown eggs served to your choice.						
Allergens:	Comments								

# Scoff & Banter Vanderbilt – In-Room Breakfast Hamper

Item	In-Room	Picture	Description for guests			
Seasonal fresh fruits Allergens:	Freshly cut watermelon, cantaloupe melon, pineapple and passion fruit					
Breakfast pots	Strawberry yoghurt - Greek yoghurt and strawberry puree Allergens:  Coconut yoghurt - Greek yoghurt and coconut puree Allergens:  Bircher muesli - Porridge oats, natural yoghurt, honey, pumpkin seeds, almonds, sultanas, apples and lemon juice  Allergens:		Enhance your stay with our bespoke breakfast hamper, designed to be enjoyed in the comfort of your own room or while on the move.  It includes, freshly cut seasonal fruit, breakfast pots, freshly			
Freshly squeezed juices Allergens:	Orange juice Apple juice		squeezed juices and our signature bagels.  This will be served for the guest to enjoy in their room or to take away.			
Our signature bagels	Unsmoked back bacon, Burford brown egg and a cheese glaze Allergens:  Shichimi – spiced smoked salmon with wasabi mayonnaise Allergens:  Crushed avocado with chilli, lime and cilantro Allergens:  Mānuka honey and cinnamon cream cheese Allergens:  Comments		The guest will be requested to select one item from each section:  Breakfast pots Freshly squeezed juices Our signature bagels			
	Comments					

### Scoff & Banter Vanderbilt – In-Room Breakfast Hamper

ltem	In-Room	Picture	Description for guests
Scottish porridge oats with hazelnuts, maple syrup and orange infused fig  f  Allergens	Porridge oats are cooked with water and semi-skimmed milk, topped with hazelnut syrup, toasted crushed hazelnuts, orange infused figs and orange zest.  Infused figs: orange juice and figs  Hazelnut syrup: hazelnut puree and maple syrup		The porridge oats are served with each order.
	Comments		

### Scoff & Banter Vanderbilt – Breakfast Allergen Matrix

	Allergen													
	Celery	Cereals Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soy	Sulphites	Tree Nuts
Seasonal fruit and Breakfast Pots														
Seasonal fresh fruit pot														
Strawberry yoghurt														
Coconut yoghurt														
Bircher muesli														
Milk selection														
Almond milk														
Soya milk														
Skimmed milk														
Freshly squeezed juices														
Orange														
Apple														
Pink grapefruit														
Green juice														

All of our dishes are prepared in areas where allergenic ingredients are present.

The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are 100% free from ingredients due to the preparation process.

# Scoff & Banter Vanderbilt– Breakfast Allergen Matrix

	Allergen													
	Celery	Cereals Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Sesame Seeds	Soy	Sulphites	Tree Nuts
À La Carte														
The English														
The Continental														
The Vegetarian														
Burford Brown Eggs - Fried														
Burford Brown Eggs - Scrambled														
Burford Brown Eggs - Poached														

Breakfast hamper bagels							
Unsmoked back bacon, Burford brown egg and a cheese glaze							
Shichimi – spiced smoked salmon with wasabi mayonnaise							
Crushed avocado with chilli, lime and cilantro							
Manuka honey and cinnamon cream cheese							
Scottish porridge oats with hazelnuts, maple syrup and orange infused fig							

# Scoff & Banter Vanderbilt – Q & A

Wha	t are the brea	akfast options	within the p	roperty?				
\ <b>\/</b> ha	a simo ono sho	huaakfast ar	ations someod	within the prop		alass?		
VVIId	The are the	e breakiast of	Cions served	within the prop	Derty on each	uay:	<u> </u>	<u> </u>
Opti	ion/Offering	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Are	there options	for guests o	utside of outle	et serving perio	ods?			
Nam	ne and describ	oe the four op	otions from th	e cold selection	n			
1								
2								
3								
4								
Nam	ne and describ	pe the à la car	te options					
1								
2								
3								
4								

# Scoff & Banter Vanderbilt– Q & A

Is the Full English suitable for a guest with a gluten allergy?							
What allergens are in each of the breakfast pots?							
Breakfast pot	Allergen contained						
Name and describe the signature bagels in the breakfas	st hamper						
1							
2							
3							
4							
What cold item comes with each breakfast hamper?							
What sections must the guest choose from within our h those sections?	amper offering, and what are the items within						
1							
2							
What are the cooking options for the Burford Brown eg	ıgs?						
Name a suitable hot option for a guest with an egg alle	rgy						

