

THE ULTIMATE URBAN SANCTURARY AND WELLNESS EXPERIENCE IN MANCHESTER

- Radisson Blu Edwardian, Manchester opens its new luxury experience, The Spa and Gym as part of the hotel's twelve million pound refurbishment
- The renovation includes brand-new wellness floor offering a range of five-star luxury treatments

8th May 2019: Radisson Blu Edwardian, Manchester continues to strengthen its luxury lifestyle offering with an extensive renovation of The Spa and Gym, as part of the five-star hotel's twelve million pound refurbishment.

The Spa and Gym has been redesigned with detail-oriented focus on creating the ultimate indulgent experience. The hotel's striking uninterrupted urban floorplan displays all wellness desires before a guest's eyes, enticing them sequentially from the state-of-the-art gym and stunning swimming pool to the tranquil sauna, steam rooms and atmospheric treatment areas.

Rob Steul, **Creative Director at Edwardian Hotels London**, commented: *'The Spa and Gym was an exciting, ambitious refurbishment for the Edwardian Hotels London in house design team. We manipulated the space and utilised a range of contrasting materials to create the ultimate wellness retreat for our guests.'*

Exclusive Pool Area

Designed to exude serenity and simplicity, the entire pool area is encompassed by a neutral palette of wood, concrete, marble and white flooring which aesthetically contrasts with the pool's blue stone lining, creating an alluring aquamarine lagoon. Whether in-between treatments, or for a quick burst of exercise, the 12-meter-long swimming pool is enough to tempt any guest wanting to dip their toes in, before stepping into a refreshing Experience shower or relaxing in the sauna and steam rooms. Boasting one of the most luxurious swimming pools in the city, crittall glass dividers are used to open the space and maximise light, the destination space is complete with seven low cabanas for a truly relaxing urban escape.

Unique Spa Design

A peaceful haven with modern design influences welcomes guests into a balanced yet understated environment, offering an outstanding spa experience. Exposed high ceilings and glass encapsulates the city's industrial feel, with guests having no reason to leave given the array of revitalising

experiences, services and products on offer. The guest experience has been placed at the heart of this detail-oriented, contemporary design: from chic matt black fittings and head-to-toe marble tiles to Dyson hairdryers and GHD straighteners in the changing rooms.

Signature Treatments

From healing facials to rejuvenating full body massages, The Spa and Gym offers a range of indulgent therapies to help guests relax. The treatment rooms are lined with luxurious marble mosaics and rustic wood panelling, where visitors can unwind after a day of enjoying the city's sights with ESPA's deeply therapeutic Mindful Massage, designed to sooth away stress and re-balance the mind. Busy workers can try the array of Express treatments, including the 30-minute ESPA Facial, personalised to each individual's needs and skin type. A full list of treatments available can be found here: https://www.thespaandgym.com/documents/The_Spa&Gym_Price_List_01.pdf

High-Tech Gym

Through collaboration with Technogym, The Spa and Gym has been developed a space that offers guest a market-leading, up-to-date gym experience, including high intensity cardio machines, treadmills, a designated weights room including bespoke TRX rig and punch bag, and a private matt area. The space has been designed with insight from personal trainers to maximise performance and energy, from the equipment to the atmospheric mood-lighting and concrete-rendered walls. After a long workout, guests are welcome to restore comfort and minimise post-workout aches with a targeted ESPA Deep Muscle Massage.

As one of the region's most established five-star hotels, Radisson Blu Edwardian Manchester brings a new generation of award-winning hospitality.

To give the gift of wellness, guests are able to purchase bespoke spa gift packages from the Spa & Gym team at info@thespaandgym.com.

For details on the full offering and treatments available, please visit; <https://www.thespaandgym.com/>

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Contact details

For more information please contact the Edwardian Hotels London media team at EHLMedia@edelman.com.



Edwardian Hotels London

Edwardian Hotels London is a privately-owned hotel group, which has been operating and developing an upscale and luxury hotel and hospitality portfolio since Jasminder Singh OBE began his career within the hospitality industry in 1977; forming the beginnings of what would become Edwardian Hotels London. Today, Edwardian Hotels London owns and operates 11 Radisson Blu Edwardian, London hotels in London and central Manchester, The May Fair Hotel and a collection of restaurant and bar brands, including the May Fair Kitchen, Monmouth Kitchen and May Fair Bar. EHL are also engaged in a major development in Leicester Square, The Londoner, incorporating a luxury lifestyle hotel, restaurants, bars, spa and cinemas.

For more information visit our website at www.edwardian.com