



EDWARDIAN
HOTELS

LONDON

Food Bible & Allergen Matrix Workbook

Steak & Lobster Heathrow

August 2020

Steak & Lobster

Contents

| | |
|--|----|
| Opening Times | 03 |
| Brand Ethos & Concept Explanation | 04 |
| Menus | |
| À La Carte | 05 |
| Set Menu | 06 |
| Vegan | 07 |
| Tasting Bibles | |
| À La Carte | 08 |
| Vegan | 17 |
| Sauces and Marinades | 18 |
| Allergen Matrix | |
| À La Carte | 19 |
| Desserts | 19 |
| Glossary | 22 |
| Q & A | 23 |

This workbook is to be completed by the employee as part of the learning process. All answers required are contained within the pages of the document.

Opening Times

Breakfast

Monday to Sunday
06:30 – 10:30

Steak & Lobster

Lunch Service
Closed

Dinner Service
Monday to Sunday
17:00 - 20:30

Last reservation: 20:30

Last orders: 20:45

All guests must vacate the
premises by 21:45

Annayu

Closed

Bijou Lounge Bar

Closed

In-Room Dining

24 hours

*Please note that these operational
hours are subject to change.

Please note that outside of restaurant & bar operational hours,
guests can enjoy complimentary items from the Residence Cart –
offering tea, coffee and Sicilian lemonade.

The items should be served by the reception team and should
not be accessible for guests.

Brand ethos

We aspire to be the very best in what we do: delivering the finest steak and freshest lobster to your plate. We believe simplicity is key and let the food speak for itself.

With freshly caught lobster and steak from County Antrim in Northern Ireland, we understand the importance of provenance and quality.

Celebrating the finest from land and sea, our signature cuts and lobsters can be enjoyed in their purest form straight from the charcoal grill, in a baked brioche roll or through other exquisite combinations.

Concept Explanation

The concept is simple, to have a select number of dishes that showcase the quality ingredients of steak and lobster. We have a selection of starters and salads that are fantastic individually or shared, the Crispy Steak Rolls are a great choice for the table.

We then have our brioche roll selection, our signature items from the Charcoal Grill as well as The Rest, with highlights such as our Fettucine Alfredo with Lobster.

Menu Composition

| Steak and Lobster – À la carte | |
|--|--|
| Starters 3 x beef dishes 2 x vegetarian 1 x beef and lobster dish | Oven-Baked Brioche Rolls 1 x beef dish 1 x beef and lobster dish 1 x vegetarian dish |
| Charcoal Grill 3 x beef dishes 1 x lobster 1 x beef and lobster dish | The Rest 2 x lobster dish 1 x vegetarian dish |

Steak & Lobster

Starters

| | | | |
|--|---|--|------|
| Smoked beef flat tacos with lime and crème fraîche | 7 | Warm veggie mince lettuce cups | 6 |
| Crispy steak rolls with spiced bourbon maple glaze | 8 | Blackened steak salad with balsamic mustard | 9/14 |
| Surf and turf croquettes with jalapeño mayo | 8 | Spinach, apple and pecan salad with maple dressing | 7/10 |

Oven Baked Brioche Rolls

All rolls are served with a choice of paprika fries or spicy lemon salad

| | | | |
|---|----|---|----|
| Steak brioche roll | 15 | Veggie brioche roll | 12 |
| Philly cheese steak with creamy spicy mayo | | Veggie Philly cheese steak with creamy spicy mayo | |
| Surf and turf brioche roll | 18 | | |
| Sliced steak and lobster dressed with horseradish garlic mayo | | | |

Charcoal Grill

All grills are served with a choice of paprika fries or spicy lemon salad

| | | | |
|--------------|----|---|----|
| Steaks | | Lobster | |
| 251g rib-eye | 22 | 1lb lobster | 25 |
| 226g fillet | 26 | Grilled with garlic butter | |
| 454g T-bone | 30 | Surf 'n' turf | 36 |
| | | Grilled steak and half lobster with spicy roasted garlic and chimichurri butter | |

The Rest

| | |
|---------------------------------|----|
| Lobster macaroni cheese | 18 |
| Fettuccine Alfredo with lobster | 18 |
| Veggie steak macaroni cheese | 12 |

Sauces

| | |
|------------------|---|
| Blue cheese | 3 |
| Chimichurri | 2 |
| Jalapeño | 2 |
| Green peppercorn | 2 |

Before You Go

| | | | |
|--|---|--|---|
| Keylime cheesecake | 6 | The mason jar | 8 |
| Warm cookie dough | 8 | Honeycomb, chocolate fudge brownie, vanilla ice cream and toffee caramel sauce | |
| Oven-baked marshmallows, Reese's Peanut Butter Cups and chocolate chip cookies | | | |

Sides

| | |
|-------------------------------------|---|
| Steamed tenderstem broccoli | 4 |
| Rosemary, garlic and Parmesan fries | 3 |
| Spicy lemon salad | 3 |
| Heritage tomato and feta salad | 4 |

If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage.
A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT.

Steak & Lobster

Set Menu

2 courses - 28 per guest

3 courses - 34 per guest

Starters

Smoked beef flat tacos with lime and crème fraîche

Surf and turf croquettes with jalapeño mayo

Warm veggie mince lettuce cups

Spinach, apple and pecan salad with maple dressing

Main Courses

All served with paprika fries, spicy lemon salad,
steamed tenderstem broccoli and peppercorn sauce

Grilled 1lb lobster with garlic butter

251g rib-eye

Lobster macaroni cheese

Veggie steak macaroni cheese

Before You Go

The mason jar

Honeycomb, chocolate fudge brownie, vanilla ice cream and toffee caramel sauce

Keylime cheesecake

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Steak & Lobster

Vegan Menu

Salad

| | |
|---|----|
| Baby spinach and almond salad with thyme and shallot dressing | 10 |
|---|----|

Main Course




| | |
|---|----|
| Eggless pasta with cherry tomato crème and green chillies | 11 |
|---|----|

Before You Go




| | |
|--|---|
| Sticky toffee and poached pear pudding | 6 |
|--|---|

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A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT.




Steak & Lobster – À La Carte Tasting Bible

| Item | Starters | Picture | Description for guests |
|--|---|--|--|
| Smoked beef flat tacos with lime and crème fraiche £ Allergens: | Cut tortilla and fry till golden brown. Mix diced rib-eye steak with diced red chilli, diced red onion and finely chopped coriander. Season and mix with lime and crème fraiche. These are served 4 per portion. |  | Crispy flat tacos topped with diced rib-eye, dressed in lime and crème fraiche. Keywords: Crunchy, lime balance, creamy |
| | Comments | | |
| Crispy steak rolls with bourbon maple glaze £ Allergens: | Beef short rib is marinated before being slow-cooked and flaked, before being placed inside spring roll paper with chilli, garlic, spring onion, ginger, and coriander. Then deep fry and serve with bourbon maple glaze . |  | Tender short rib with garlic, ginger and spring onion in a crispy spring roll. Keywords: crispy, sweet and savoury, warming |
| | Comments | | |
| Surf and turf croquettes with jalapeño mayo £ Allergens: | Tender steak and lobster tail pieces with a béchamel sauce . Breadcrumbed and fried. Served with a jalapeño mayo . |  | Three golden croquettes filled with beef, lobster and béchamel sauce. Keywords: soft, spicy, creamy |
| | Comments | | |




Steak & Lobster – À La Carte Tasting Bible

| Item | Starters | Picture | Description for guests |
|---|--|--|---|
| Warm veggie mince lettuce cups £ Allergens: | Chopped ginger, garlic, cumin seeds and diced onion, cherry tomatoes and red chilli mixed with Quorn mince and coriander and pan fried. These are finished with a squeeze of fresh lime juice and served in little gem cups. There are served 4 per portion. |  | Spiced veggie mince in a lettuce cup with a zesty touch of fresh lime. Keywords: healthy, spiced |
| | Comments | | |
| Blackened steak salad with balsamic mustard £ Allergens: | Rib eye steak is marinated for 4 hours; seasoned and covered in cracked black pepper then cooked on the chargrill to the required preference. Spinach leaves are tossed with the balsamic mustard dressing . Available in both a starter and main course portion. |  | Marinated rib-eye steak is coated with pepper and chargrilled on a high heat. Tossed with spinach and a balsamic mustard dressing. Keywords: Warming, smoky, tart |
| | Comments | | |
| Spinach, apple and pecan salad with maple dressing £ Allergens: | Apples thinly sliced, toasted pecans and spinach tossed in a maple dressing . Available in both a starter and main course portion. |  | Thinly sliced apples, roasted pecans topping spinach leaves. The dressing is a sweet, spicy and smoky maple dressing. Keywords: light, sweet, crunch |
| | Comments | | |



Steak & Lobster – À La Carte Tasting Bible

| Item | Oven-baked brioche rolls | Picture | Description for guests |
|---|--|--|---|
| Steak brioche roll Philly cheese steak with creamy spicy mayo £ Allergens: | <p>Slice the onions and jalapeños, heat the pan and then add the steak mince.</p> <p>Slice the Monterey Jack cheese and cover the steak. Grill until the cheese melts.</p> <p>Pipe creamy spicy mayo into the bun and add the meat and cheese.</p> <p>Served with a spicy lemon salad.</p> |  | <p>Warm steak mince with melted Monterey Jack cheese, in a soft brioche roll with jalapeños, onions and creamy spicy mayo.</p> <p>Keywords: grilled, creamy, spicy</p> |
| | Comments | | |
| Surf and turf brioche roll Sliced steak and lobster dressed with horseradish garlic mayo £ Allergens: | <p>Lobster tail and marinated chargrilled steak are pan-fried with garlic and butter, placed in a brioche bun with horseradish mayo.</p> <p>Served with a spicy lemon salad.</p> |  | <p>Steak and lobster served warm on a spicy horseradish mayo in a brioche roll.</p> <p>Keywords: tender meat, creamy, warming</p> |
| | Comments | | |
| Veggie brioche roll Veggie Philly cheese steak with creamy spicy mayo £ Allergens: | <p>Slice the onions and jalapeños, heat the pan and then add the veggie mince.</p> <p>Slice the Monterey Jack cheese and cover the steak. Grill until the cheese melts.</p> <p>Pipe creamy spicy mayo into the bun and add the meat and cheese.</p> |  | <p>Warm steak with melted Monterey Jack cheese, in a soft brioche roll with jalapeños, onions and creamy spicy mayo.</p> <p>Keywords: grilled, creamy, spicy</p> |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | Charcoal grill | Picture | Description for guests |
|---|---|--|---|
| All grills are served with a choice of paprika fries or spicy lemon salad | | | |
| 251g rib-eye (8oz) Rib eye is from the rib of the cow £ Allergens: | Rib eye is marinated for a minimum of 4 hours then chargrilled to taste. Recommend cooking temperature is med- rare, as this is enough to render the fat but keep the meat tender. |  | A cut of meat with natural fat throughout, full of flavour with a smoky chargrill taste. Keywords: flavourful, full-bodied, buttery |
| | Comments | | |
| 454g T-bone (16oz) Our cut from the rear end of the short loin and thus include more tenderloin steak. £ Allergens: | The T-bone is marinated for a minimum of 4 hours then chargrilled to taste. Recommend cooking is medium/ rare, though due to the nature of the cut there may be differing temperatures on both sides of the T-bone. |  | The meat is marinated for 4 hours before being cooked on the chargrill. It has both fillet and sirloin steaks, giving it both lean tender meat and natural marbling. Keywords: buttery meat, tender |
| | Comments | | |
| 226g fillet (7 1/2 oz) Fillet is from the smaller end of the tenderloin £ Allergens: | The fillet is marinated for 4 hours then chargrilled to preference. Recommend cooking temperature is med- rare. |  | From an area of the cow that is not weight bearing, it is naturally lean and soft. If cooked longer than med-rare, the meat will start to tighten. Keywords: soft, buttery |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | Charcoal grill | Picture | Description for guests |
|---|--|--|--|
| All grills are served with a choice of paprika fries or spicy lemon salad | | | |
| 1lb lobster Grilled with butter £ Allergens: | Lobsters are steamed, then cut in half and cleaned. During service they are either finished fully in the steamer, or partially before being chargrilled for 30 seconds to finish. Finished with lemon garlic butter . |  | Whole lobster cut in half, grilled on the chargrill with lemon garlic butter. Keywords: meaty, soft, lemon buttery, sweet |
| | Comments | | |
| Surf 'n' turf Grilled steak and half lobster with spicy roasted garlic and chimichurri butter £ Allergens: | Lobsters are steamed, then cut in half and cleaned. During service they are either finished fully in the steamer, or partially before being chargrilled for 30 seconds to finish. Rib eye is marinated for a minimum of 4 hours then chargrilled to taste. Both topped with chimichurri butter . A garlic bulb is cut in half and grilled. |  | The best of land and sea together, with the added herb and spice flavours of a delicious chimichurri butter. Best enjoyed with a squeeze of fresh lemon juice. Keywords: herby, meaty, sweet |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | The rest | Picture | Description for guests |
|--|---|--|--|
| Lobster macaroni cheese £ Allergens: | Macaroni is cooked and added to béchamel and chives. Pieces of lobster tail and claw are mixed through then it is topped with a gratin mix and grilled until golden brown. |  | Served in an elegant cast iron dish, a rich mix of lobster and a flavourful cheese sauce. Served with a golden-brown top. Keywords: creamy , indulgent , sweet |
| | Comments | | |
| Fettuccine Alfredo with lobster £ Allergens: | Diced lobster is sautéed with garlic then added to chicken stock, white wine, cream, salt, parmesan, garlic and shallots. Add the cooked pasta and season, garnish with parmesan and chopped parsley. Egg pasta is made with semolina. |  | Creamy egg pasta with diced lobster, finish with grated parmesan and parsley. Keywords: creamy , rich , cheesy |
| | Comments | | |
| Veggie steak macaroni cheese £ Allergens: | Macaroni is cooked and added to béchamel and chives. Pieces of marinated veggie steak pieces are mixed through then it is topped with a gratin mix and grilled until golden brown. |  | Served in an elegant cast iron dish, a rich mix of lobster and a flavourful cheese sauce. Served with a golden-brown top. Keywords: creamy , crispy |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | Sauce | Picture | Description for guests |
|--|---|---------|--|
| Blue cheese £ Allergens: | Heat milk, garlic, gorgonzola and stilton. Make a roux with butter and flour and add to the hot cheese and milk and season. | | A strong and flavourful sauce to enhance any steak Keywords: strong , full-flavoured |
| | Comments | | |
| Chimichurri £ Allergens: | Chop the parsley, coriander, shallots, garlic, oregano, chilli flakes, mix and season. Add lemon juice and oil and mix. | | A herbaceous and spicy mix with a balance of lemon juice Keywords: herby , citrus , spice |
| | Comments | | |
| Jalapeño £ Allergens: | Green chili emulsion, the following ingredients are blended: Whole jalapeño chilli seeded, jalapeño chili, rice wine vinegar, grapeseed oil, garlic, salt. | | A smooth and spicy sauce that has sharpness to balance rich and fatty steaks. Keywords: smooth , spicy , sharp |
| | Comments | | |
| Green peppercorn £ Allergens: | Veal jus is added to brandy, green peppercorns, banana shallots and double cream. | | A rich and spiced sauce with depth from the jus and red wine. Keywords: creamy , peppery , bold |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | Sides | Picture | Description for guests |
|---|--|--|---|
| Steamed tenderstem broccoli £ Allergens: | Tenderstem broccoli is steamed to al dente and seasoned. |  | Al dente steamed tenderstem with Maldon's sea salt Keywords: tender, buttery, healthy, light |
| | Comments | | |
| Rosemary, garlic and Parmesan fries £ Allergens: | Golden and crispy fries drizzled with garlic and rosemary butter finished with finely grated parmesan. |  | Crispy fries covered with garlic and rosemary butter and parmesan cheese. Keywords: garlicky, crispy, nutty, herby |
| | Comments | | |
| Spicy lemon salad £ Allergens: | Salad leaves with spicy lemon dressing . | | Spinach leaves with a refreshing lemon dressing. Keywords: light, lemon, spicy |
| | Comments | | |
| Heritage tomato and feta salad £ Allergens: | Clean and prepare the heritage tomatoes, cube the feta cheese and combine, then add some olive oil and seasoning to taste. |  | Orange, yellow and green tomatoes mixed with cubed feta cheese and olive oil dressing. Keywords: light, fresh, tangy |
| | Comments | | |

Steak & Lobster – À La Carte Tasting Bible

| Item | Desserts | Picture | Description for guests |
|---|--|--|---|
| Keylime cheesecake £ Allergens: | <p>Crumble base placed in a ring and topped with lime cheesecake mix.</p> <p>Lime cheesecake: Condensed milk, soft cheese, lemon curb, lime juice.</p> <p>Crumble: Butter, Demerara sugar, plain flour, baking powder, salt, oats.</p> <p>Lime curd: Lime juice, whole egg, sugar and butter.</p> |  | <p>A buttery crumble base topped with a soft lime cheesecake mix.</p> <p>Keywords: light, soft and crunch textures</p> |
| | Comments | | |
| Baked chocolate cookie dough Oven-baked marshmallows, Reese's Peanut Butter Cups and chocolate chip cookies £ Allergens: | <p>Peanut butter, reeses cupcakes, marshmallows and dark chocolate. Baked in the oven until the marshmallows are golden brown and garnished with chocolate chip cookies.</p> |  | <p>A rich and indulgent dessert with chocolate, melted peanut butter cups, sticky marshmallows and chocolate chip cookies.</p> <p>Keywords: peanut, rich, mallowy</p> |
| | Comments | | |
| The mason jar Honeycomb, chocolate fudge brownie, vanilla ice cream and toffee caramel sauce £ Allergens: | <p>Brownie, caramel sauce, chocolate sauce and honeycomb are built in a mason jar and finished with one vanilla ice cream scoop.</p> |  | <p>Soft brownie, crunchy honeycomb, sweet caramel sauce and creamy vanilla ice cream together in a dessert.</p> <p>Keywords: creamy, sweet, crunchy, chocolatey</p> |
| | Comments | | |

Steak & Lobster – Vegan Tasting Bible

| Item | Vegan | Picture | Description for guests |
|---|---|---------|---|
| Baby spinach and almond salad with thyme and shallot dressing £ Allergens: | Spinach leaves and almonds are tossed in a dressing of grapeseed oil, thyme, fennel and apple cider vinegar. | | Light and nutty salad Keywords: light, herby, healthy |
| | Comments | | |
| Eggless pasta with cherry tomato crème and green chillies £ Allergens: | Trofie pasta is coated in a light arrabbiata sauce made from roasted San Marzano and cherry tomatoes, with garlic, oregano and salt. | | Trofie pasta in a silky and tangy tomato sauce with fresh green chillies. Keywords: spicy, tangy, light |
| | Comments | | |
| Sticky toffee and poached pear pudding £ Allergens: | Half a deseeded pear is poached in sugar, cinnamon, star anise, cloves and citrus zest. A sponge base containing dates, flaxseed, almond milk and dried fruits. Once baked the pear and poaching sauce is poured over. | | A delicious vegan sponge cake with a poached pear and toffee sauce. Served with vegan ice cream. Keywords: soft, caramel, warm, pear |
| | Comments | | |

Steak & Lobster – Sauces and Marinades

| Menu Item | Ingredients |
|-----------------------------------|--|
| Balsamic Mustard Dressing | Balsamic vinegar Colman's English mustard Garlic Olive oil Salt Ground black pepper Lemon juice Soy sauce |
| Béchamel | Plain flour Unsalted butter Salt Ground black pepper Milk |
| Beef Short Rib Marinade | Cumin powder Salt Chilli powder Cayenne pepper Soy sauce Garlic Honey Red wine vinegar Ground black pepper |
| Chimichurri butter | Parsley Coriander Banana shallots Dried oregano Peeled garlic Chilli flakes Lemon butter Salt |
| Garlic and Rosemary Butter | Unsalted butter Garlic Salt Rosemary |
| Green Chilli Emulsion | Jalapeno Rice wine vinegar Grapeseed oil Garlic Salt |
| Jalapeño Mayo | Green chilli emulsion Mayo |
| Lemon Garlic Butter | Unsalted butter Lemon zest Lemon juice Garlic Salt |

| Menu Item | Ingredients |
|------------------------------|--|
| Maple Dressing | Ground black pepper Maple syrup Salt Colman's English mustard Garlic Cayenne pepper Smoked paprika |
| Maple Glaze | Brown sugar Pineapple juice Water Teriyaki sauce Soy sauce reduction Lemon juice White onion Jack Daniels Cayenne pepper |
| Spicy Lemon Dressing | Grapeseed oil Lemon juice Soy sauce Salt Ground black pepper Cayenne pepper Garlic puree |
| Steak Marinade | Grapeseed oil Garlic Thyme Salt Ground pepper |
| Veal Jus | Onions Carrot Celery Veal bones Chicken bones Red wine Salt Ground black pepper |
| Veggie Steak Marinade | Grapeseed oil Garlic Thyme Salt Ground pepper |

Steak & Lobster – À La Carte Allergen Matrix

| | Allergen | | | | | | | | | | | | | |
|---|----------|----------------|-------------|------|------|-------|------|----------|---------|---------|--------------|-----|-----------|-----------|
| | Celery | Cereals Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame Seeds | Soy | Sulphites | Tree Nuts |
| Starters | | | | | | | | | | | | | | |
| Flat smoked beef tacos with lime and crème fraîche | | | | | | | | | | | | | | |
| Crispy steak rolls with bourbon maple glaze | | | | | | | | | | | | | | |
| Surf and turf croquettes with jalapeño mayo | | | | | | | | | | | | | | |
| Warm veggie mince lettuce cups | | | | | | | | | | | | | | |
| Blackened steak salad with balsamic mustard | | | | | | | | | | | | | | |
| Spinach, apple and pecan salad with maple dressing | | | | | | | | | | | | | | |
| Our Baked Brioche Rolls | | | | | | | | | | | | | | |
| Steak brioche roll - Philly cheese steak with creamy spicy mayo | | | | | | | | | | | | | | |
| Surf and turf brioche roll - Sliced steak and lobster dressed with horseradish garlic mayo | | | | | | | | | | | | | | |
| Veggie Philly cheese steak with creamy spicy mayo | | | | | | | | | | | | | | |
| From the grill | | | | | | | | | | | | | | |
| 251g Rib-eye | | | | | | | | | | | | | | |
| 226g Fillet | | | | | | | | | | | | | | |
| 454g T-bone | | | | | | | | | | | | | | |
| 1lb lobster - Grilled with garlic butter | | | | | | | | | | | | | | |
| Surf 'n' turf - Grilled steak and half lobster with spicy roasted garlic and Chimichurri butter | | | | | | | | | | | | | | |

All of our dishes are prepared in areas where allergenic ingredients are present.

The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are 100% free from ingredients due to the preparation process.

Steak & Lobster – À La Carte Allergen Matrix

| | Allergen | | | | | | | | | | | | | |
|-------------------------------------|----------|----------------|-------------|------|------|-------|------|----------|---------|---------|--------------|-----|-----------|-----------|
| | Celery | Cereals Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame Seeds | Soy | Sulphites | Tree Nuts |
| The rest | | | | | | | | | | | | | | |
| Lobster macaroni cheese | | | | | | | | | | | | | | |
| Fettuccini Alfredo with lobster | | | | | | | | | | | | | | |
| Veggie steak macaroni cheese | | | | | | | | | | | | | | |
| Sauces | | | | | | | | | | | | | | |
| Bourbon maple glaze | | | | | | | | | | | | | | |
| Lemon garlic butter | | | | | | | | | | | | | | |
| Chimichurri | | | | | | | | | | | | | | |
| Jalapeno | | | | | | | | | | | | | | |
| Blue cheese | | | | | | | | | | | | | | |
| Green peppercorn | | | | | | | | | | | | | | |
| Extras and Sides | | | | | | | | | | | | | | |
| Steamed tenderstem broccoli | | | | | | | | | | | | | | |
| Rosemary, garlic and Parmesan fries | | | | | | | | | | | | | | |
| Spicy lemon salad | | | | | | | | | | | | | | |
| Heritage tomato and feta salad | | | | | | | | | | | | | | |
| Paprika Fries | | | | | | | | | | | | | | |

All of our dishes are prepared in areas where allergenic ingredients are present.

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Steak & Lobster – Dessert Allergen Matrix

| | Allergen | | | | | | | | | | | | | |
|---------------------|----------|----------------|-------------|------|------|-------|------|----------|---------|---------|--------------|-----|-----------|-----------|
| | Celery | Cereals Gluten | Crustaceans | Eggs | Fish | Lupin | Milk | Molluscs | Mustard | Peanuts | Sesame Seeds | Soy | Sulphites | Tree Nuts |
| Before You Go | | | | | | | | | | | | | | |
| Key Lime Cheesecake | | | | | | | | | | | | | | |
| Warm Cookie Dough | | | | | | | | | | | | | | |
| Mason Jar | | | | | | | | | | | | | | |

All of our dishes are prepared in areas where allergenic ingredients are present.

The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are 100% free from ingredients due to the preparation process.

Steak & Lobster – Glossary

| Glossary | Descriptions |
|-----------------|--|
| Croquettes | In a cylinder shape, bread crumbed and fried. This can have various fillings. |
| Jalapeño | A hot medium sized chilli pepper. |
| Veal | A young calf. |
| Semolina | Hard grains with a pale yellow colour, high in gluten content. |
| Gratin | A dish with a lightly browned crust of breadcrumbs or melted cheese |
| Monterey Jack | An American white cheese that resembles cheddar |
| Heritage tomato | Tomatoes that are full of flavour and comes in a large variety of shapes, sizes and colours. |

Steak & Lobster – Q & A

What are the lunch and dinner options within the property?

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What time are the lunch & dinner options served within the property on each day?

| Option/Offering | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|--------|---------|-----------|----------|--------|----------|--------|
| | | | | | | | |
| | | | | | | | |
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Are there options for guests outside of outlet serving periods?

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What is the dining style and type of cuisine?

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How would you explain the concept to a first-time guest?

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What sections does the à la carte menu contain?

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Steak & Lobster – Q & A

List the items within one of the sections

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How would you describe and recommend a seafood dish to start to a guest?

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Choose two dishes to start, and explain how you would describe and recommend these to a guest (not including the seafood choice above):

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What food item would you recommend with an aperitif while the guest is browsing the menu?

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What is the most expensive dish on the menu?

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What dishes would you recommend to a guest who had the following requirements, (this needs to cover the full experience from start to dessert):

Doesn't eat seafood and has a gluten allergy

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Steak & Lobster – Q & A

What dishes would you recommend to a guest who had the following requirements, (this needs to cover the full experience from start to dessert):

Doesn't eat meat, has high expectations of value for money

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What dishes would you recommend to a guest who had the following requirements, (this needs to cover the full experience from start to dessert):

Eats everything, is not concerned with value for money as they want to try a large variety of options

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Are any of our dishes 100% free from allergens?

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What are Our Brioche Rolls and Charcoal Grill dishes served with?

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What are Our Brioche Rolls and Charcoal Grill dishes served with?

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Steak & Lobster – Q & A

| Name the Brioche Rolls and how you would describe these to the guest | |
|--|--|
| 1 | |
| 2 | |
| 3 | |

| What options are available from the Charcoal Grill and what are they priced at? | |
|---|--|
| 1 | |
| 2 | |
| 3 | |
| 4 | |
| 5 | |

| What items are an upsell to the Charcoal Grill dishes? | |
|--|--|
| | |

| What dishes are available from The Rest and what are they priced at? | |
|--|--|
| 1 | |
| 2 | |
| 3 | |

Steak & Lobster – Q & A

Name the sauces we have and the allergens within each one

| Sauce | Allergen |
|-------|----------|
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Is the peppercorn sauce suitable for vegetarian guests?

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What dishes contain both steak and lobster?

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|---|--|
| 1 | |
| 2 | |
| 3 | |

Name the side dishes, are they all suitable for guests with a gluten allergy?

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Choose one dessert, how would you describe and recommend this to a guest?

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Steak & Lobster – Q & A

What ingredients are in the steak marinade?

What ingredients are in the balsamic mustard dressing?

What dishes are suitable for vegans?



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