# In－Room Dining Food Bible \＆Allergen Matrix Workbook 

Heathrow
December 2020

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This workbook is to be completed by the employee as part of the learning process. All answers required are contained within the pages of the document.

## Breakfast

Monday to Sunday
06:30-10:30

## Steak \& Lobster

Lunch Service
Sunday
12:30-17:00
Monday - Saturday
Closed
Dinner Service
Monday to Sunday
17:00-21:30
Last reservation: 21:30
Last orders: 21:45
All guests must vacate the premises by 22:45
*Please note that these operational hours are subject to change.

## Annayu

Closed

## Bijou Lounge Bar

Closed

In-Room Dining
24 hours

Please note that outside of restaurant \& bar operational hours, guests can enjoy complimentary items from the Residence Cart offering tea, coffee and Sicilian lemonade.

The items should be served by the reception team and should not be accessible for guests.

## Brand Ethos

Welcome to In-Room Dining at Radisson Blu Edwardian Heathrow.
We are committed to ensuring that every dining experience is a memorable encounter.
Available from 12pm-6pm, our in-room dining menu features an exquisite selection of dishes to be enjoyed within the comfort and privacy of your room or suite.

## Menu Composition

## In-Room Dining

| Starters | Classics <br> $1 \times$ chicken dish <br> $2 \times$ chicken dishes <br> $1 \times$ vegetarian dishes <br> $1 \times$ chicken and pork dish <br> $1 \times$ deef dish <br> $1 \times$ vegetarian dish |
| :--- | :--- |
| Oven-Baked Brioche Rolls <br> $1 \times$ beef dish <br> $1 \times$ vegetarian dish | Charcoal Grill <br> $3 \times$ beef dishes |
| Sides |  |
| $\times$ vegetarian dishes | $3 \times$ desserts |

## Radísun Bu

EDWARDIAN, HEATHROW

## WELCOME TO OUR IN-ROOM DINING MENU

## Available from $12 \mathrm{pm}-11 \mathrm{pm}$

## STARTERS

Roasted vine tomato soup served with warm crusty soda bread

Chicken lollipops with blue cheese dressing
Chargrilled chicken, avocado and smoked crispy bacon salad 9
Spinach, apple and pecan salad with maple dressing

## OVEN-BAKED BRIOCHE ROLLS

Philly cheese steak roll with creamy spicy mayo, served in a warm toasted brioche with hand-cut chips or a spicy lemon salad
Veggie Philly cheese steak roll with creamy spicy mayo, served in a warm toasted brioche with hand-cut chips or a spicy lemon salad

## CLASSICS

Lemon-infused Scottish salmon with garlic and paprika-roasted kale

British beef burger with Lancashire Bomb melted
heese, sm served with hand-cut chips

25 Ig rib-eye steak, baby vine tomatoes and tenderstem broccoli, served with a green peppercorn sauce
Our chicken shawarma


Tabbouleh, Batta Hara (spicy potatoes), garlic mayo and chilli sauce
Penne with cherry tomato crème and green chillies 10

SIDES
Hand-cut chips 4
Steamed tenderstem broccoli 4
Heritage tomato and feta salad 4

## DESSERTS

Keylime cheesecake 6
Our Mason jar 8
Honeycomb, chocolate fudge brownie, vanilla ice cream and toffee caramel sauce

Colston Bassett Stilton and Barber's Vintage Cheddar 8 with pears and pickled walnuts

## AFTER-HOURS TOASTIES

Available from IIpm - 6am
Served with salad and hand-cooked sea salt and crushed black pepper crisps

Tuna with spicy lemon mayo 10
Steak and cheese with horseradish mayo 14
Honey roast ham and Lancashire Bomb cheese 10
Barber's Vintage Cheddar cheese and red onion 8

All in-room dining orders will have an additional tray charge of $£ 1.50$ added to the bill. If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. A discretionary service charge of $12.5 \%$ will be added to your bill. All prices are inclusive of VAT.

## In-Room Dining - À La Carte Tasting Bible

| Item | Starters | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Roasted vine tomato soup served with warm crusty soda bread <br> f <br> Allergens: | Cherry and San Marzano tomatoes are used to create this tomato soup, which is garnished with basil. This is served in a squashed mug with two slices of warmed soda bread and butter.. |  | Delicious tomato soup that has a natural sweetness with tangy tomato flavours. <br> Keywords: tangy, sweet, comforting |
|  | Suggestions <br> Mains: British beef burger, Chicken shawarma, Steak roll <br> Desserts: Our Mason Jar, Keylime cheesecake <br> Wine: Fantinel Pinot Grigio, Tenuta Rapitalà Grillo, Tenuta Rapitalà Nero d'Avola |  |  |
|  | Comments |  |  |
| Chicken lollipops with blue cheese dressing <br> f <br> Allergens: | Crispy chicken wings marinated overnight then fried. <br> Served with a creamy sauce of gorgonzola and stilton cheeses with milk and garlic. |  | Crispy chicken lollipops marinated to perfection, served with a blue cheese dipping sauce. <br> Keywords: spiced, crunchy, cream |
|  | Suggestions <br> Mains: British beef burger, Chicken shawarma, Steak roll <br> Desserts: Our Mason Jar, Keylime cheesecake <br> Wine: Fantinel Pinot Grigio, Tenuta Rapitalà Grillo, Tenuta Rapitalà Nero d'Avola |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Starters | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Chargrilled chicken, avocado and smoked crispy bacon salad <br> f <br> Allergens: | Poussin marinated in lemon thyme and rapeseed oil, with smoked streaky bacon and avocado. Served on a bed of mixed leaf and baby spinach and dressed with spicy lemon dressing. |  | Tender chicken with mixed leaves and spinach, creamy avocado and a spicy lemon dressing. <br> Keywords: spicy, salty, light |
|  | Suggestions <br> Mains: Our club sandwich, Scottish salmon <br> Desserts: Keylime cheesecake, Colston Bassett Stilton and vintage cheddar Wine: Veramonte Chardonnay, Fantinel Pinot Grigio, Tenuta Rapitalà Grillo |  |  |
|  | Comments |  |  |
| Spinach, apple and pecan salad with maple dressing <br> f <br> Allergens: | Apples thinly sliced, toasted pecans and spinach tossed in a maple dressing. |  | Thinly sliced apples, roasted pecans topping spinach leaves. <br> The dressing is a sweet, spicy and smoky maple dressing. <br> Keywords: light, sweet, crunch |
|  | Suggestions <br> Mains: Steak roll, Our chicken shawarma, Veggie Philly cheese steak <br> Desserts: Our mason jar, Keylime cheesecake <br> Wine: Veramonte Chardonnay, Fantinel Pinot Grigio, Tenuta Rapitalà Grillo |  |  |
|  | Comments |  |  |
| Wild mushroom arancini with creamy spicy mayo <br> f <br> Allergens: | Deep fried small balls of rice, stuffed with parmesan cheese, mozzarella, chives, parsley, garlic and sliced mushroom <br> The wild mushroom arancini are served on top of a chilli mayo. |  | Italian wild mushroom arancini filled with a melted heart of warm parmesan cheese and wild mushroom, served on a spicy mayonnaise. <br> Keywords: spicy, creamy, crunch |
|  | Suggestions <br> Starters: Club sandwich, Veggie Philly cheese steak, Penne with cherry tomato creme Desserts: Keylime cheesecake, Our Mason Jar <br> Wine: Fantinel Prosecco, Fantinel Pinot Grigio, Gavi di Gavi |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Oven-baked brioche rolls | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Steak brioche roll <br> Philly cheese steak with creamy spicy mayo <br> f <br> Allergens: | Slice the onions and jalapeños, heat the pan and then add the steak mince. <br> Slice the Monterey Jack cheese and cover the steak. Grill until the cheese melts. <br> Pipe creamy spicy mayo into the bun and add the meat and cheese. <br> Served with a spicy lemon salad. |  | Warm steak mince with melted Monterey Jack cheese, in a soft brioche roll with jalapeños, onions and creamy spicy mayo. <br> Keywords: grilled, creamy, spicy |
|  | Suggestions <br> Mains: Our club sandwich, Scottish salmon <br> Desserts: Keylime cheesecake, Colston Bassett Stilton \& Cheddar selection Wine: Veramonte Chardonnay, Fantinel Pinot Grigio, Tenuta Rapitalà Grillo |  |  |
|  | Comments |  |  |
| Veggie brioche roll <br> Veggie Philly cheese steak with creamy spicy mayo <br> f <br> Allergens: | Slice the onions and jalapeños, heat the pan and then add the veggie mince. <br> Slice the Monterey Jack cheese and cover the steak. Grill until the cheese melts. <br> Pipe creamy spicy mayo into the bun and add the meat and cheese. |  | Warm steak with melted Monterey Jack cheese, in a soft brioche roll with jalapeños, onions and creamy spicy mayo. <br> Keywords: grilled, creamy, spicy |
|  | Suggestions <br> Starters: Spinach, apple and pecan salad, Wild mushroom arancini, Tomato soup Desserts: Keylime cheesecake, Our Mason Jar, Colston Bassett Stilton \& Cheddar selection Wine: Veramonte Carménère, Tenuta Rapitalà Nero d'Avola, Don Jacobo Rioja, Salentein Malbec |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Classics | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Lemon-infused Scottish salmon with garlic and paprika <br> f <br> Allergens: | Salmon marinated in lemon and rapeseed oil, served with roasted kale in a spicy lemon dressing and garnished with a dusting of paprika. |  | Lightly seared Scottish salmon marinated in lemon and rapeseed oil, served with a small salad of roasted kale seasoned with garlic and paprika. <br> Keywords: soft, lemony, crunchy |
|  | Suggestions <br> Starters: Chicken lollipop, Wild mushroom Wild mushroom arancini, Chicken salad Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection Wine: Veramonte Chardonnay, Dashwood Sauvignon, Tenuta Rapitalà Grillo |  |  |
|  | Comments |  |  |
| British beef burger with Lancashire Bomb melted cheese, smoked streaky bacon and chilly mayo, served with hand-cut chips £ <br> Allergens: | Our burger is served in a bun with home-made chili mayo burger sauce, lollo bionda lettuce, smoked streaky bacon and Lancashire Bomb melted cheese. This is accompanied by twice cooked handmade chips. <br> We cannot serve our burgers any less than medium-well, for further information refer to section 7.1 of the Food Safety Management System. |  | Our beef patty smoked streaky bacon and chilli mayo, on a soft brioche bun with crispy lettuce and Lancashire Bomb cheese. <br> Keywords: mature, soft meaty |
|  | Suggestions <br> Starters: Chargrilled chicken, Roasted vine tomato soup, Wild mushroom arancini <br> Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection <br> Wine: Veramonte Carménère, Tenuta Rapitalà Nero d'Avola, Don Jacobo Rioja, Salentein Malbec |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Classics | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Our Chicken Shawarma <br> Tabboleh, Batta Hara (spicy potatoes), garlic mayo and chilli sauce <br> £ <br> Allergens: | Marinated chicken is served in a wrap with tabbouleh, spicy potatoes, garlic mayo and chilli sauce. |  | A wrap with marinated chicken thighs, spicy with a creamy garlic finish. <br> Keywords: creamy, spicy, filling |
|  | Suggestions <br> Starters: Wild mushroom arancini, Spinach apple pecan salad <br> Desserts: Our Mason Jar, Keylime cheesecake <br> Wine: Veramonte Chardonnay, Gavi di Gavi, Tenuta Rapitalà Nero d'Avola |  |  |
|  | Comments |  |  |
| Our club sandwich with hand-cut chips <br> f <br> Allergens: | Sourdough toast bread served with marinated chargrilled Poussin and spinach with a truffle lime dressing, fried duck egg, topped with bacon chilli mayo. <br> To build the sandwich, start from the bottom, spread the bacon chilli mayo onto the toast. Add the chargrilled and sliced poussin, then add a layer of toast and more bacon chilli mayo, next is the fried duck egg and spinach dressed with lime dressing before the final layer of toast. |  | Our club sandwich, marinated poussin with a bacon mayo that brings spice and saltiness to the creamy duck egg. <br> Served with hand-cut chips. <br> Keywords: crispy, creamy, balanced spice |
|  | Suggestions <br> Starters: Roasted vine tomato soup, Wild mushroom arancini Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection Wine: Veramonte Chardonnay, Tenuta Rapitalà Grillo, Gavi di Gavi |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Classics | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| Penne with cherry tomato crème and green chilli f | Our dish is a twist on the classic arrabbiata sauce with the addition of tomato crème and green chillies. <br> This gives the dish a spicy warmth with the sweetness of the tomato. Olive oil give a smoothness to the sauce. |  | Penne pasta with a tomatobased sauce with spicy warmth and depth <br> Keywords: Spicy, silky |
| f <br> Allergens: | Starters: Spinach, apple and pecan salad, Chargrilled chicken salad <br> Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection, Keylime cheesecake Wine: Fantinel Pinot Grigio, Tenuta Rapitalà Grillo, Tenuta Rapitalà Nero d'Avola |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Charcoal grill | Picture | Description for guests |
| :---: | :---: | :---: | :---: |
| 251g rib-eye <br> Our steaks are served with baby vine tomatoes, tenderstem broccoli and sauce of your choice <br> f <br> Allergens: | Rib eye is marinated for a minimum of 4 hours then chargrilled to taste. <br> Recommend cooking temperature is med-rare, as this is enough to render the fat but keep the meat tender. |  | A cut of meat with natural fat throughout, full of flavour with a smoky chargrill taste. <br> Keywords: Flavourful, full-bodied, buttery |
|  | Suggestions <br> Starters: Spinach, apple and pecan salad, Chargrilled chicken, avocado, and smoked bacon Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection, Keylime cheesecake Wine: Don Jacobo Rioja, Salentein Malbec |  |  |
|  | Comments |  |  |
| $226 g$ fillet <br> Our steaks are served with baby vine tomatoes, tenderstem broccoli and sauce of your choice <br> £ <br> Allergens: | The fillet is marinated for 4 hours then chargrilled to preference. <br> Recommend cooking temperature is med- rare |  | From an area of the cow that is not weight bearing, it is naturally lean and soft. <br> If cooked longer than med-rare, the meat with start to tighten. <br> Keywords: Soft, buttery |
|  | Suggestions <br> Starters: Spinach, apple and pecan salad, Chargrilled chicken, avocado, and smoked bacon Desserts: Our Mason Jar, Colston Bassett Stilton \& Cheddar selection, Keylime cheesecake Wine: Don Jacobo Rioja, Salentein Malbec |  |  |
|  | Comments |  |  |

## In-Room Dining - À La Carte Tasting Bible

| Item | Sides | Picture | Description for guests |
| :--- | :--- | :--- | :--- |

## In-Room Dining - À La Carte Tasting Bible



## In-Room Dining - À La Carte Tasting Bible



## In-Room Dining - Sauces and Marinades

| Menu Item | Ingredients | Menu Item | Ingredients |
| :---: | :---: | :---: | :---: |
| Bacon Chilli Mayo | Hellman's mayonnaise Chilli garlic sauce Smoked streaky bacon | Lemon Garlic Butter | Unsalted butter <br> Lemon zest <br> Lemon juice <br> Garlic <br> Salt |
|  | Balsamic vinegar <br> Colman's English Mustard <br> Garlic <br> Olive oil <br> Salt <br> Ground black pepper <br> Lemon juice <br> Soy sauce |  |  |
| Balsamic Mustard Dressing |  | Maple Dressing | Apple cider <br> Ground black pepper <br> Maple syrup <br> Salt <br> Colman's English mustard <br> Garlic <br> Cayenne pepper <br> Smoked paprika |
| Béchamel | Plain flour <br> Unsalted butter <br> Salt <br> Ground black pepper <br> Milk |  |  |
|  |  | Maple Glaze | Brown sugar <br> Pineapple juice <br> Water <br> Teriyaki sauce <br> Soy sauce reduction <br> Lemon juice <br> White onion <br> Jack Daniels <br> Cayenne pepper |
| Chicken Lollipop Marinade | Tempura flour Corn flour Curry powder Chilli powder Cumin powder Ginger paste Garlic paste <br> Fenugreek <br> Turmeric <br> Salt <br> Ground black pepper <br> Rice vinegar |  |  |
|  |  | Poussin Marinade | Grapeseed oil Lemon Thyme Salt |
|  |  | Shawarma Marinade | Cumin <br> Ground coriander Chilli powder Ground cardamom Turmeric Smoked sweet paprika Olive oil |
| Chimichurri butter | Parsley Coriander Banana shallots Dried oregano Peeled garlic Chilli flakes Lemon butter Salt |  |  |
|  |  | Spicy Lemon Dressing | Grapeseed oil <br> Lemon juice <br> Soy sauce <br> Salt <br> Ground black pepper <br> Cayenne pepper <br> Garlic puree |
| Garlic and Rosemary Butter | Unsalted butter <br> Garlic <br> Salt <br> Rosemary |  |  |
| Garlic Mayo | Mayo Garlic | Steak Marinade | Grapeseed oil Garlic <br> Thyme Salt <br> Ground pepper |
| Green Chilli Emulsion | Jalapeño <br> Rice wine vinegar <br> Grapeseed oil <br> Garlic <br> Salt |  |  |
|  |  | Truffle Lime dressing | Grapeseed oil Maple Syrup White truffle oil Salt Lime |
| Jalapeño Mayo | Green chilli emulsion Mayo |  |  |

## In-Room Dining - Sauces and Marinades

| Menu Item | Ingredients |
| :--- | :--- |
| Veal Jus | Onions <br> Carrot <br> Celery <br> Veal bones <br> Chicken bones <br> Red wine <br> Salt <br> Ground black pepper |
|  | Grapeseed oil <br> Garinade |
|  |  |





All of our dishes are prepared in areas where allergenic ingredients are present.
The Allergen Matrix shows dishes that do not contain allergenic ingredients as intentional ingredients, however we cannot guarantee that they are $100 \%$ free from ingredients due to the preparation process.

## In-Room Dining - À la Carte Allergen Matrix

|  | Allergen |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\frac{\frac{\pi}{0}}{\omega}$ |  |  | $\begin{aligned} & \text { ® } \\ & \text { ס) } \end{aligned}$ |  | $\frac{\stackrel{c}{0}}{3}$ | $\frac{\underline{V}}{\stackrel{1}{\Sigma}}$ |  |  | N |  | io | $\begin{aligned} & \text { y } \\ & \frac{ \pm}{ \pm} \\ & \frac{0}{\bar{J}} \\ & \dot{\sim} \end{aligned}$ |  |
| Classics |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Lemon-infused Scottish Salmon with garlic and paprika roasted kale |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| British beef burger with Lancashire Bomb melted cheese, smoked streaky bacon and chilli mayo with hand-cut chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Our chicken shawarma Tabbouleh, Batta Hara (spicy potatoes), garlic mayo and chilli sauce |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Our club sandwich with hand-cut chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Penne with cherry tomato crème and green chillies |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

## Charcoal Grill

| 251g Rib-eye |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| 226g Fillet |  |  |  |  |  |  |  |  |  |  |  |  |  |

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|  | Allergen |  |  |  |  |  |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | $\frac{\frac{\pi}{0}}{\frac{0}{0}}$ | $\begin{aligned} & \stackrel{c}{0} \\ & \frac{1}{J} \\ & 0 \\ & \frac{n}{\pi} \\ & \frac{0}{0} \\ & \vdots \end{aligned}$ | $\begin{aligned} & \text { n } \\ & \stackrel{0}{0} \\ & \stackrel{0}{0} \\ & \stackrel{5}{0} \\ & \stackrel{\rightharpoonup}{u} \end{aligned}$ | $\begin{aligned} & \text { ® } \\ & \text { O} \end{aligned}$ |  | $\frac{\stackrel{c}{0}}{3}$ | $\frac{\underset{y}{\mid}}{\underset{\Sigma}{z}}$ |  |  | N |  | $\stackrel{\stackrel{\rightharpoonup}{\circ}}{ }$ | $\begin{aligned} & \stackrel{y}{ \pm} \\ & \frac{ \pm}{む} \\ & \frac{0}{J} \\ & \dot{\omega} \end{aligned}$ |  |
| Sides |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Hand-cut chips |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Steamed tenderstem broccoli |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Heritage tomato and feta salad |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Chimichurri |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Jalapeño |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Blue cheese |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Green peppercorn |  |  |  |  |  |  |  |  |  |  |  |  |  |  |



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## In-Room Dining - Q \& A

| What are the serving times of the In-Room Dining menu? |  |  |  |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Option/Offering | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |

Are there options for guests outside of outlet serving periods?

What sections does the $\grave{A}$ la carte menu contain?

List the items within one of the sections?

Choose a starter dish and complete the following table

Dish Name

Dish Description

Recommended Mains

Recommended
Desserts

Recommended Wines

Allergens

## In-Room Dining - Q \& A

Choose a starter dish and complete the following table

Dish Name

Dish Description

Recommended Mains

Recommended
Desserts

Recommended Wines

Allergens

List 3 courses that are suitable for a guest that doesn't eat meat.

Can you sell a burger cooked medium-rare?

Describe the club sandwich

## In-Room Dining - Q \& A

| Choose a main course dish and complete the following table. |  |
| :--- | :--- |
| Dish Name |  |
| Dish Description |  |
| Recommended Mains |  |
| Recommended <br> Desserts |  |
| Recommended Wines |  |
| Allergens |  |

## Choose a main course dish and complete the following table.

Dish Name

Dish Description

Recommended Mains

Recommended
Desserts

Recommended Wines

Allergens

Recommend 3 courses suitable for a guest with a gluten allergy

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