

Body Treatments

Using nature's most powerful and effective actives and oils, our body treatments enhance your complexion and naturally detoxify the skin. Relax and let our highly-trained therapists guide you through these renewing rituals, helping you look and feel restored and rebalanced.

ESPA Body Polish (25 mins)

£80

A cooling and revitalising body scrub to refine, smooth and refresh the skin, while boosting hydration. Apricot seed kernels gently sweep away dry and dull skin, while spearmint cools and refreshes, and aloe vera hydrates and conditions - perfect for pre-natal and sensitive skin.

ESPA Salt & Oil Scrub (25 mins)

£80

Revive skin's natural softness and glow with this intensely exfoliating treatment. An ideal way to prepare skin for other treatments, a natural blend of sea salt and the purest oils polishes away dull, dry cells and infuses skin with rich nourishment. Skin feels smooth, supple and looks radiantly healthy. For a lighter application, exfoliating body polish is applied instead of salt & oil scrub.

Treatment includes: Salt & oil full body exfoliation.

ESPA Body Wrap (60 mins)

£110

Purify your body or deeply replenish your skin with this personalised body wrap. Reveal instant results from naturally detoxifying algae or nourishing marine mud. Skin looks refined, toned and beautifully radiant, while a soothing scalp massage restores inner calm.

Treatment includes: Body exfoliation, algae or mud wrap and scalp massage.

ESPA Back, Face & Scalp Treatment (90 mins)

£210

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

Treatment includes: Back exfoliation, Swedish or Aromatherapy Back, Neck & Shoulder massage, Personalised Facial with scalp massage.

