

# The Spa & Gym

The Edwardian Manchester



Welcome to The Spa & Gym  
at The Edvardian Manchester







## Visiting The Spa & Gym

Because we like to keep the spa as calm as possible, the number of spaces are limited. Please ensure you book in advance to avoid disappointment.

If you have booked a treatment we encourage you to arrive up to 30 minutes prior to your booking, in order to gain the most from our wet spa facilities and enjoy the full experience.

Last entry to the spa is 45 minutes before closing time.

### Leisure Passes

Non-members are welcome to use the spa facilities and can purchase two-hour spa passes for £60. Non-residents of the hotel will be required to provide photo ID on arrival. Use of the spa is complimentary for all our hotel guests.

### What To Bring

We recommend bringing flip flops to use in the wet spa areas.

Bathrobes and flip flops are provided if you have booked a treatment. Towels, hair dryers and toiletries are available in the changing rooms.

### Securing Your Booking

A 100% deposit will be taken at the time of booking. We require 48 hours' notice of cancellation or rescheduling, otherwise full payment will be taken.

### Age Requirements

There is no access to The Spa & Gym for persons under the age of 18.

### Late Arrivals

If you arrive late for your appointment we will endeavour to accommodate you, but cannot promise your full treatment time. You will still be charged the full price of the treatment.





## Experience redefined wellbeing in the heart of Manchester

A place where unique environments and specialised treatments create a truly mind-resetting experience. Natural, tactile oak walls are contrasted by exposed ceilings and crittall glass dividers, reinterpreting the city's industrial look with a softer glow. Here, tranquillity is found by the 12-metre aquamarine pool, as well as in the adjoining sauna, steam room and relaxation room.

Highly-trained therapists address your individual needs, nourishing body and mind through a number of specialised treatments and massages. With insight from personal trainers and in collaboration with Technogym, we have designed a state-of-the-art gym that offers space and opportunity to energise and enhance personal growth.



Radiance-boosting, age-defying,  
skin-soothing beauty.







# Facials

Experience the transformative power of Omorovicza facials, designed to rejuvenate, balance, and nourish all skin types with natural, mineral-rich ingredients and expert Hungarian techniques.

Each facial includes a double cleanse, exfoliation, mask, hand and arm exfoliation and massage, refreshing spritz, facial massage, and the application of serum and moisturiser for a complete skincare experience.

Queen Facial (60 mins) £120

The ultimate rescue for sensitive, dry, or reactive skin. This Queen Skin Therapy Session features the complexion-perfecting Queen Collection and the new, supercharged Queen Serum. Using rigorous Hungarian massage techniques to lift, firm, and sculpt, combined with calming therapeutic ingredients, this luxurious treatment leaves the skin glowing. Ideal for all skin types, including menopausal and hormonal skin.

Moor Mud Facial (60 mins) £120

A balancing, detoxifying treatment that nourishes the skin. This unique experience uses postbiotic Moor mud, sourced from Hungary's Lake Hévíz. Rich in vital minerals, fulvic, and humic acids, Omorovicza's Moor mud works with the skin's microbiome to decongest, refine texture, deeply nourish, and hydrate, offering a sensory experience. Perfect for oily/combination skin or those concerned with enlarged pores.

Gold Hydra-Lifting Facial (60 mins) £135

This strengthening and hydrating treatment begins with the application of Omorovicza's Hungarian Moor Mud to cleanse, exfoliate, and peel. A rose-scented gold mask then delivers hyaluronic acid in three forms to plump, nourish, and soothe, while gold repairs micro-damage to strengthen the skin. Traditional Hungarian facial massage lifts and firms, with a final touch of Gold Shimmer Oil adding a subtle sparkle to the arms and décolleté.

Book now

Put a hold on time and  
listen to your body





# Body

Relax, tone, and restore with Omorovicza body treatments and massages, combining soothing techniques and premium ingredients for a truly rejuvenating experience.

Signature Full Body Massage (60 mins)	£140
Signature Full Body Massage (90 mins)	£195

Choose this treatment to relax, firm, and tone your body while reducing stress. Combining relaxing and deep tissue techniques, it soothes muscle tension, improves circulation, enhances flexibility, and boosts skin firmness and tone. The 90-minute session includes a revitalising Hungarian face and scalp massage for a truly holistic experience.

Our Signature Full Body Massage can be upgraded to a Full Body Deep Tissue Bamboo Massage for an additional £20.

Mother To Be Massage (30 mins)	£80
Mother To Be Massage (90 mins)	£130

Designed for after the first trimester, this nurturing treatment begins with a seated massage to focus on the upper and lower back. The session continues in a supported upright position, with gentle leg, foot, and arm massage techniques to promote a sense of wellbeing for both mother and baby. The 90-minute session includes a revitalising Hungarian face and scalp massage for a truly holistic experience.

Golden Body Treatment (60 mins)	£145
Golden Body Treatment (90 mins)	£195

Enjoy a full-body exfoliation with gold extracts and sugar, designed to rejuvenate and restore your skin. The treatment culminates with an indulgent application of ylang-ylang-infused oil, enriched with shimmering gold particles. This is followed by a calming massage targeting the back, neck, and shoulders (or a complete full-body massage for the 90-minute option).

Classic Hungarian Mud Wrap (90 mins)	£200
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This luxurious full-body treatment begins with a welcome ritual, followed by a rejuvenating exfoliation and a Hungarian Moor Mud wrap to nourish and detoxify. Enjoy a calming head and scalp treatment, finishing with the application of firming body oil for soft, radiant skin.

Book now



# Rituals

Indulge in our holistic rituals, blending face and body treatments for the ultimate pampering experience, leaving you relaxed and revitalised.

Queen Ritual (90 mins) £190

A face and body treatment combining the calming 60-minute Queen Facial with a relaxing 30-minute back massage using rose quartz. Using rigorous Hungarian massage techniques to lift, firm, and sculpt, combined with calming therapeutic ingredients, this treatment will leave your skin glowing.

Golden Ritual (120 mins) £250  
Golden Ritual (160 mins) £320

Enjoy this comprehensive face and body ritual that pairs the 60-minute Gold Hydra-Lifting Facial with the 60- or 90-minute Golden Body Treatment for the ultimate pampering experience.

Moor Mud Ritual (120 mins) £250  
Moor Mud Ritual (160 mins) £320

This ritual includes a detoxifying 60-minute Moor Mud Facial and a 60-minute body treatment, featuring full-body exfoliation using the body buffing balm followed by the application of firming body oil (or a full-body massage in the 160-minute version).

Book now







# Express Treatments

Quick and effective, our express treatments target key areas to refresh and revitalise, perfect for busy schedules or a fast pick-me-up.

Signature Facial (30 mins)	£80
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An active, energising, solutions-focused facial for busy schedules. This fast yet effective treatment includes a rejuvenating facial massage to lift, sculpt, and stimulate drainage. Skin is nourished with the patented Healing Concentrate™, known for its regenerating, firming, and anti-inflammatory benefits.

Moor Scrub Treatment (30 mins)	£80
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A purifying and detoxifying body treatment featuring vigorous yet gentle exfoliation with sea salt, Hungarian Moor Mud, and capsicum peptide. This aromatherapeutic scrub refines skin texture, leaving it soft, radiant, and rejuvenated, with a deeply cleansed and refreshed feel.

Back, Neck and Shoulder Massage (30 mins)	£80
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Firming oil is expertly massaged into the back, neck, and shoulders to ease tension, stimulate muscles, and improve skin tone and firmness. This targeted treatment leaves you feeling relaxed, restored, and invigorated.

Head and Scalp Treatment (30 mins)	£80
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A delightful addition, this enchanting add on begins with acupressure, which releases fatigue, stress and tension from neck and head whilst at the same time nourishing the hair with vital minerals and oils. A refreshing menthol and moor mud mask application on the scalp, is followed by a neck and shoulder massage.

Book now



A unique space to fulfil your goals  
and reach your potential





## The Gym

A specially designed space has been developed in partnership with Technogym to offer guests a market-leading, up-to-date gym experience. Here, improvements in stamina can be achieved through high-intensity cardio machines and treadmills, whilst a private mat area and a designated weights room with a bespoke TRX rig and punch bag provide the necessary means to enhance strength. The space has been created with insight from personal trainers to maximise performance and energy, from the equipment to the atmospheric mood-lighting and concrete-rendered walls.



THE  
EDWARDIAN  
MANCHESTER  
A RADISSON COLLECTION HOTEL

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