

# WELCOME TO OUR IN-ROOM BREAKFAST MENU

Available from 7am - 11am

£25 per guest\*

(forms part of the inclusive breakfast)

## OUR SELECTION

### The English

Smoked sweetcure streaky bacon, Cumberland sausage, baked beans, grilled mushrooms, hash brown, roasted vine cherry tomatoes and free-range eggs your way (1092 kcal)

### The Continental

Freshly baked pastry selection, butter, preserves, Italian bread selection, orange juice, seasonal fresh fruit and a selection of cold cuts and cheeses (908 kcal)

### The Healthy

Egg white omelette with spinach and chilli, coconut yoghurt with blueberries, mānuka honey, superfoods (goji berries, flaxseed and chia seeds) and our green cleanser juice (Granny Smith apple, cucumber, celery and ginger) v (632 kcal)

## CEREAL SELECTION

Bran Flakes v (167 kcal)

Granola v (538 kcal)

Homemade muesli v (183 kcal)

Coco Pops v (193 kcal)

Available with whole (62 kcal) or skimmed milk (34 kcal)

- served warm or cold.

## TEA AND COFFEE

English Breakfast (0 kcal)

Coffee (0 kcal)

Available with whole (62 kcal) or skimmed milk (34 kcal)

- served warm or cold.

Speciality teas are available on request.

## JUICE SELECTION

Fresh orange (96 kcal)

Fresh apple (220 kcal)

Fresh pink grapefruit (97 kcal)

\*All in-room dining orders will have an additional tray charge of £1.50 added to the bill. If you have a food allergy or intolerance, please speak to a member of our staff before you order or consume any food or beverage. A discretionary service charge of 12.5% will be added to your bill. All prices are inclusive of VAT. v Suitable for vegetarians. Adults require around 2000 kcal per day.